



OmniGym Africa



FOR COMPANIES & ORGANIZATIONS

Corporate Team Building

Fitness-powered team experiences, delivered across our network of partner gyms in Uganda and Kenya — built to energize your people and strengthen how they work together.

85+

PARTNER GYMS

2

COUNTRIES

1

MEMBERSHIP, EVERY TEAM

omnigymafrica.com

WHAT'S INCLUDED

Experiences built for teams

Every package is run by our trainers at partner gyms near your office, and can be tailored to your team's size, schedule, and fitness levels.

1

Group Fitness Challenges

Friendly, competition-style workouts in small teams — built to get people moving, laughing, and working together.

2

Wellness Workshops

Guided sessions on nutrition, stress management, and everyday healthy habits, led by our fitness and wellness coaches.

3

Outdoor Boot Camps

High-energy, instructor-led outdoor circuits designed for teams of any size and any starting fitness level.

4

Corporate Wellness Days

A full day combining fitness activities, team challenges, and recovery at one of our partner gym locations.

Why Omni Gym Africa

- ✓ Access to 85+ partner gyms across Uganda and Kenya
- ✓ Experienced trainers and team-building facilitators
- ✓ Flexible packages for teams of any size
- ✓ Memorable, high-energy experiences that boost morale

Ready to plan your team's session?

Packages are customized to your team — get in touch for a quote.

GET IN TOUCH

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